

Welcome to Breathe Easy Therapy Services...

This group is designed to help you combat anxiety and regain control of the everyday. There will be a basket where all cell phones should be left before start of group. There is a simple concept that will prove to create a safe environment which is, what is shared in group should stay in the group.

There are a two reasons you may be dismissed from group immediately. Please review below and sign off that you are agreeing to these conditions.

Any discrimination towards another group member for any reason including but not limited to race, gender, sexual orientation, and/ or religion will not be tolerated.

Gossiping and sharing other's stories or information will be seen as a violation of members privacy and will lead to being promptly removed from group. This includes, speaking to others, sharing photos, stories, or any information by any form of communication including a social media platform.

Please fill out this sheet, the Client Agreement Form, as well as the Client Information Sheet before 1st of 4 week session you have scheduled. Thank you.